

SUNDAY 15TH MAY 2016
LITTLE HAVENS HOSPICE
TIME 10AM-4PM

FAMILY WOODLAND WALK



Join us for a fun packed walk around the beautiful woods at Little Havens Hospice, meeting woodland characters along the way. As well as a 1.5k sponsored walk there will be a free tractor ride, face painting, a craft corner, tombola, toy sale and refreshments.

To sign up or for more information, please call **Kerry** on **01702 220305** or email fradmin@havenshospices.org.uk



Havens Hospices incorporates Fair Havens Hospice and Little Havens Hospice
Registered charity number 1022119

**EVERY STEP
MAKING EVERY
DAY COUNT**



ABOUT THE DAY

Registration will be 30 minutes before your walk. At this time you will be issued with the ticket(s) for your free tractor ride.

During the walk you will be able to engage with a fun interactive story meeting woodland characters along the way.

After your walk we hope you will stay, when refreshments will be available, along with a toy sale, tombola and a face painter.

We look forward to seeing you on the day.



Complications during seven-year-old Jack's birth left him with severe brain damage. When he was three months old he was referred to Little Havens where he enjoys swimming and music.

Just knowing that Little Havens is there if we need them or that we have a stay coming up gives me peace of mind. It gives us time to relax while Jack is looked after, having fun and stimulation. It's a huge pressure on our daily lives and Little Havens helps to alleviate some of that.

- Kayley, Jack's Mum

BOOKING YOUR TICKETS

Please call Kerry on **01702 220305** to book, make payment and request any sponsorship materials over the phone.

OR

Email Kerry at **fradmin@havenshospices.org.uk** with your phone number to request a call back.

OR

Send a cheque payable to 'Havens Hospices' to
Havens Hospices, 47 Second Avenue, Westcliff-on-Sea, Essex, SS0 8HX
(Please quote the Woodland Walk and include all of your contact information, including the names and ages of those taking part in the walk)

PRICES

* Child age 2 - 12 years

Family (2 Adults & 2 Children*) - £16.00

Additional Adult - £4.00

1 Adult & Child* - £8.00

Additional Child* - £5.00

We hope you will also take the opportunity to raise sponsorship as without people like you, Little Havens wouldn't be able to continue providing care for babies, children, teenagers and their families across Essex.



**SEE
YOU
THERE!**